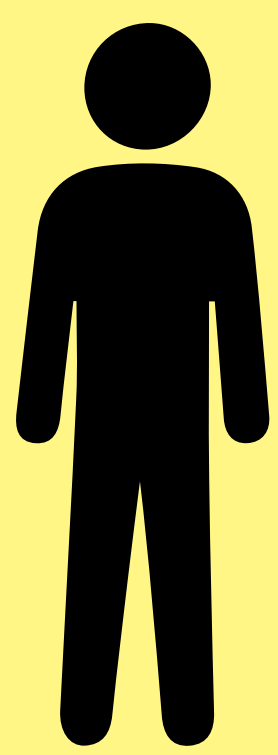


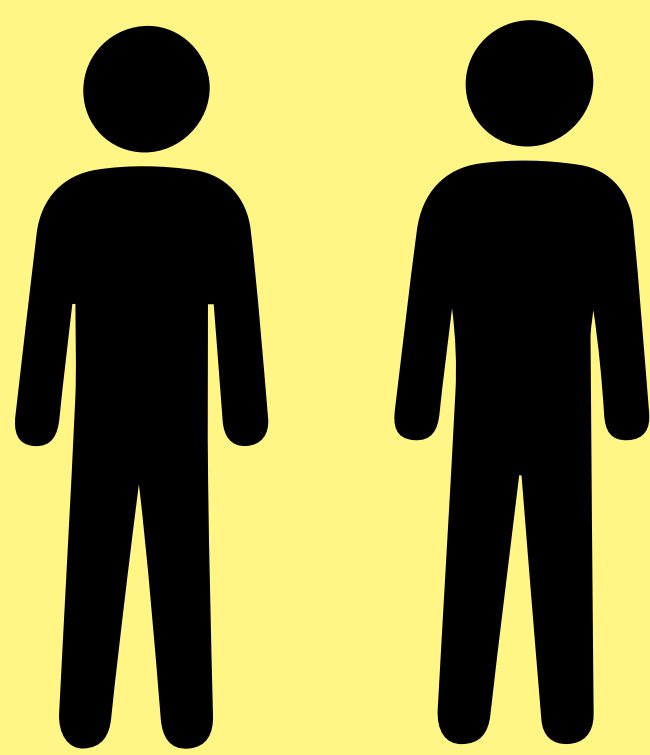
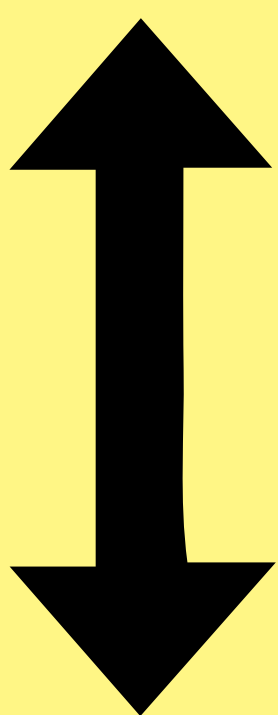


LAP SWIM

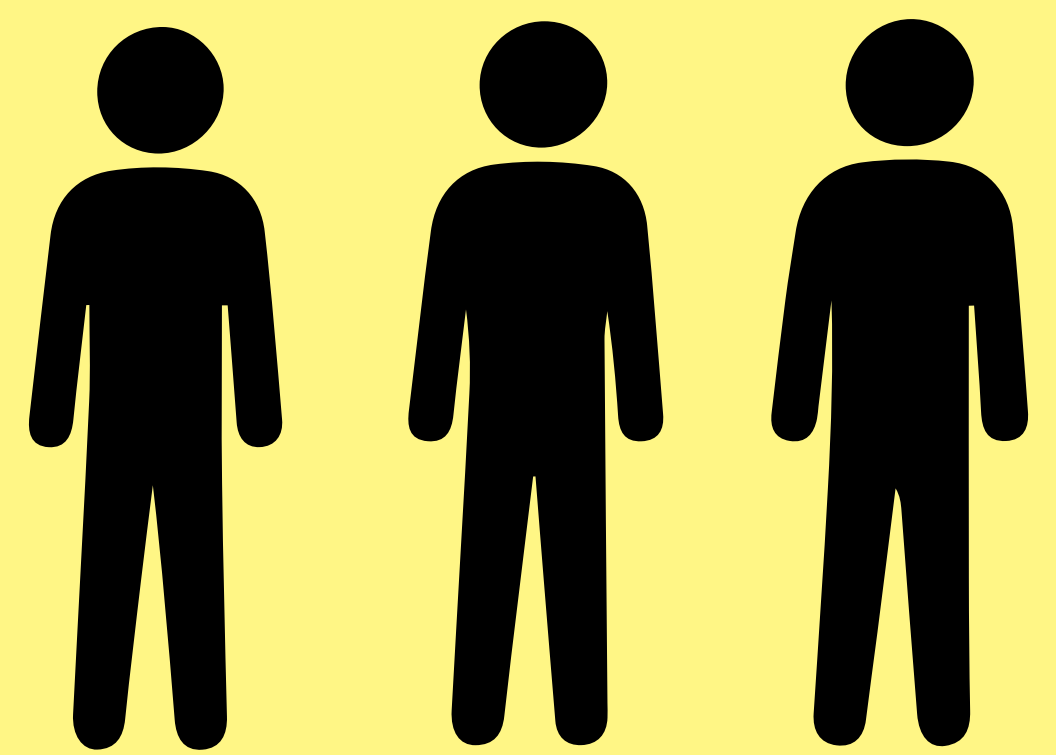
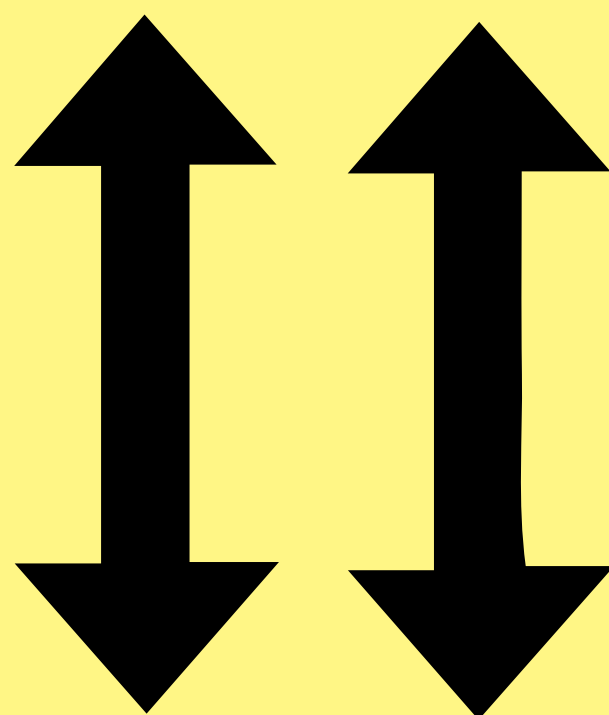
WHEN ENTERING A LANE, ALWAYS INFORM OTHERS SWIMMERS OF YOUR PRESCENCE AND FOLLOW GUIDELINES BELOW FOR SHARING



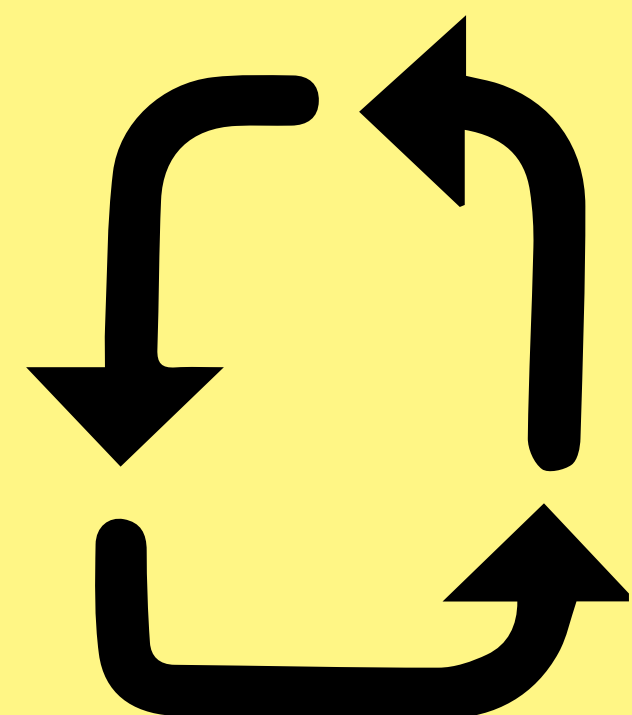
**1 SWIMMER
FULL USE OF LANE**



**2 SWIMMERS
SPLIT LANE**



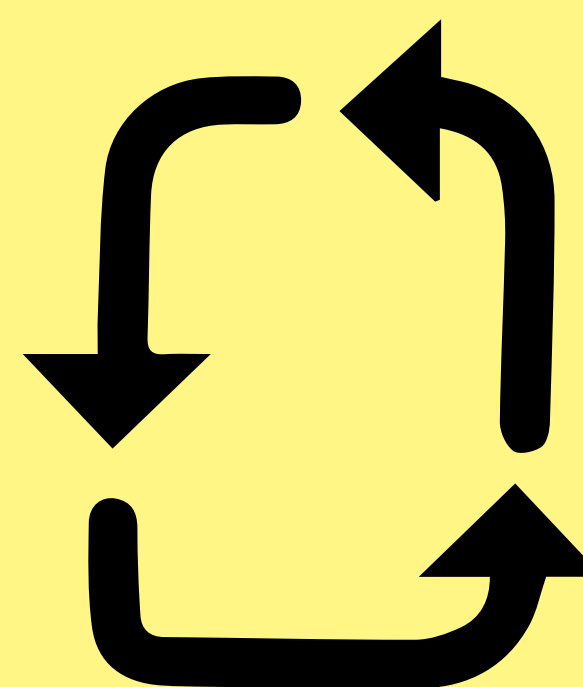
**3 SWIMMERS
CIRCLE SWIM**



PLEASE KEEP IN MIND THE FOLLOWING GUIDELINES WHEN SWIMMING.



**ENTER A LAP LANE
ONLY WHEN THE
OTHER SWIMMER IS
AWARE YOU ARE
GETTING IN.**



**SWIMMERS SWIM
IN A COUNTER-
CLOCKWISE DIRECTION.
DOWN ON THE RIGHT
AND BACK ON THE
RIGHT. PLEASE LEAVE
1/2 LAP OF DISTANCE
BETWEEN SWIMMERS.**