

# CAMP RINCONADA

## MAKING SUMMER MAGIC



NEWSLETTER



Summer 2026

Hello Camp Families!

Palo Alto Swim and Sport would like to officially welcome you and your child into Camps for the Summer of 2026. We are excited to launch Camp and bring your kids a wonderful summer experience!

Please read through our welcome email and **learn about our check in/out system**, the daily schedule, and what to bring with you.

### Camp Schedule:

**Day Camp: Junior Lifeguard Challenge**  
8:30am to 1:30pm

**After-Camp Care:**  
1:30pm to 4:30pm

### Camp Rinconada Junior Lifeguard Challenge Daily Schedule:

8:30am – 9:00am	Camp check-in
9:00am – 9:15am	Announcements (Introduce counselors, explain the schedule/rules, etc)
9:15am – 10:30am	Dryland emergencies: First-Aid/CPR, choking, emergency responses.
10:30am – 11:30am	Swim test (Day 1), varying water rescues
11:30am – 12:00pm	Lunch time for all Camps, prep for Open Swim
12:00pm – 1:00pm	Reapply sunscreen, Open Swim for all camps
1:00pm – 1:30pm	Change, clean up, otter pops, Camp check-out

### Check-in/Check-Out:

KidCheck is a secure electronic check in/out system that will add a level of convenience and safety to the process.

**You will not be able to check in/out without a KidCheck profile.**

**If someone else is picking up your child from camp, you MUST add them as an authorized guardian on KidCheck in order for the counselors to release them.**

Prior to your first day at camp please download the KidCheck App or visit the KidCheck website and create a profile. When asked for an organization, select Team Sheeper (Palo Alto).

### Daily Check In:

**Day 1 check in may take longer than expected. Please plan accordingly.**



Check In/Out is located at the pool's side gate. You can park on Hopkins Ave. and walk down the path and go right past the Front Office of the pool. You will see a table with a Camp Rinconada table covering. Our Camp Team will be there ready to assist you. Alternatively, if you are walking through the park, follow the tall brown fence to the check in/out area.

#### At the Kiosk

1. Provide the attendant with your phone number.
2. Tell the attendant your child's name.
3. Tell the attendant what Camp(s) your child is enrolled into.
4. Your child receives their name badge and a purple wristband, then will be escorted into the camp area by a counselor

#### Using the App

1. Select Check-In at the bottom.
2. Select Use Express Check-In.
3. Select Start a New Check-In.
4. Select Your Camp(s) (if your child is in Day Camp and After-Care select both).
5. Select Your Child.
6. Submit Check-In (when in Bluetooth range of the Express Hub).
7. Your child receives their name badge and a purple wristband, then will be escorted into the camp area by a counselor

### Daily Check Out:

1. Provide the attendant with your phone number and your child's name.
2. The attendant will radio the counselors and your child will meet you at the kiosk.
3. **\*If your child is doing self check-out, they must let the Camp Lead know before leaving camp and provide them with the parent's phone number. Your child must be 12 years or older to self-check out.**
- 4.

### What To Bring:

1. Towel
2. Swimsuit (changing tents will be available)
3. Goggles (loaners ones available for those without them)
4. Sunscreen / We have some, but if a specific kind is needed, please bring it.
5. Lunch, snacks & water (No food will be provided.)
6. Tennis Shoes for lawn games
7. Backpack or bag to store these items
8. Hat; nice to have, but not required
9. Sweatshirt (Optional)

\*Your camper will need to bring their things to and from home and camp daily.

\*\* If your camper is enrolled in both Day Camp & After-Camp Care, please pack them additional snacks.

If you have any questions:  
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