





Hello Camp Families!

Palo Alto Swim and Sport would like to officially welcome you and your child into Camps for the Summer of 2025. We are excited to launch Camp and bring your kids a wonderful summer experience!

Please read through our welcome email and learn about our check in/out system, the daily schedule, and what to bring with you.

Camp Schedule:

Day Camp: Junior Lifeguard Challenge 9:00am to 2:00pm

After-Camp Care: 2:00pm to 5:00pm

Camp Rinconada Junior Lifeguard Challenge Daily Schedule:

9:00am - 9:30am 9:30am - 9:45am 9:45am – 11:00am 11:00am - 12:00pm 12:00pm - 12:30pm 12:30pm - 1:30pm 1:30pm - 2:00pm

Camp check-in

Announcements (Introduce counselors, explain the schedule/rules, etc. Dryland emergenices: First-Aid/CPR, choking, emergency responses.

Swim test (Day 1), varying water rescues Lunch time for all Camps, prep for Open Swim Reapply sunscreen, Open Swim for all camps Change, clean up, otter pops, Camp check-out

Check-in/Check-Out:

KidCheck is a secure electronic check in/out system that will add a level of convenience and safety to the process.

You will not be able to check in/out without a KidCheck profile.

If someone else is picking up your child from camp, you MUST add them as an authorized guardian on KidCheck in order for the counselors to release them.

Prior to your first day at camp please download the KidCheck App or visit the KidCheck website and create a profile. When asked for an organization, select Team Sheeper (Palo Alto).

Daily Check In:

Day 1 check in may take longer than expected. Please plan accordingly.



Check-In/Out is located at the pool gate next to the tennis courts. Whether you park in the lot next to the police station or the tennis courts follow the concrete pathway along the fields. There will be a large pop-up tent with our Camp team ready to assist you.

At the Kiosk

- 1. Provide the attendant with your phone number.
- 2. Tell the attendant your child's name.
- 3. Tell the attendant what Camp(s) your child is enrolled into. 4. Pickup your child's Name Badge and your Guardian Receipt at the kiosk.

Using the App

- 1. Select Check-In at the bottom.
- Select Use Express Check-In.
- 3. Select Start a New Check-In.
- 4. Select Your Camp(s) (if your child is in Day Camp and After-Care select both).
- 5. Select Your Child.
- 6. Submit Check-In (when in Bluetooth range of the Express Hub). 7. Pickup your child's Name Badge and your Guardian Receipt at the kiosk.

Daily Check Out:

- 1. Provide the attendant with your phone number.
- Provide the attendant with your child's name and Guardian Receipt. 3. The attendant will radio the counselors and your child will meet you at the kiosk.
- *If your child is doing self check-out, they must let the Camp Lead know before leaving

What To Bring:

- 1. Towel
- 2. Swimsuit (changing tents will be available)
- 3. Goggles (loaners ones available for those without them)
- 4. Sunscreen / We have some, but if a specific kind is needed, please bring it.
- 5. Lunch, snacks & water (No food will be provided.) 6. Tennis Shoes for lawn games
- 7. Backpack or bag to store these items
- 8. Hat; nice to have, but not required 9. Sweatshirt (Optional)
- *Your camper will need to bring their things to and from home and camp daily. ** If your camper is enrolled in both Day Camp & After-Camp Care, please pack them additional snacks.

If you have any questions: info@paloaltoswim.com