



# Palo Alto Swim & Sport

## Rinconada Pool Schedule:

### August 19<sup>th</sup>, 2019 – August 25<sup>th</sup>, 2019

Lap Pool L = Laps Swim, O = Open Swim,  
 SS = Swim School PASA = Palo Alto Stanford Aquatics,  
 M = Masters,

	MON		TUE		WED		THU		FRI		SAT		SUN		
5:45	Masters (7)	Laps (7)			Masters (7)	Laps (7)			Masters (7)	Laps (7)					
6-7	Masters (7)	Laps (7)	Laps (14)		Masters (7)	Laps (7)	Laps (14)		Masters (7)	Laps (7)	Laps (14)				
7-8	Masters (7)	Laps (7)	Laps (14)		Masters (7)	Laps (7)	Laps (14)		Masters (7)	Laps (7)	Laps (14)		Laps (14)		
8-9			Laps (14)				Laps (14)				Laps (14)		Laps (14)		
9-10	Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (11)	SS (3)	Laps (14)		
	Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		M (7)	L (4)	SS (3)	M (7)	L (7)
10-11	Laps(14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		M (7)	L (4)	SS (3)	M (7)	L (7)
11-12	Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps(11)	SS (3)	Laps (14)		
12-1	Laps (14)		M (3)	Laps (11)	Laps (6)		M (3)	Laps (11)	Laps (14)		Laps (7)	O (7)	Laps (7)	O (7)	
1-2	Laps (11)		M(3)	L(11)	Lap (14)		M(3)	L (11)	Laps (14)		Laps (7)	O (7)	Laps (7)	O (7)	
	Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (7)	O (7)	Laps (7)	O (7)	
2-3	Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (14)		Laps (7)	O (7)	Laps (7)	O (7)	
3-4	Laps (10)	SS (4)	Laps(10)	SS (4)	Laps (10)	SS (4)	Laps (10)	SS (4)	Laps (10)	SS (4)	Laps (7)	O (7)	Laps (7)	O (7)	
4-5	Lap (10)	(4)		(4)		(4)		(4)		(4)	Laps (7)	O (7)	Laps (7)	O (7)	
			Lap (10)		Lap (10)		Lap (10)		Lap (10)		Laps (7)	O (7)	Laps (7)	O (7)	
5-6	Lap (10)	SS (4)	Lap (10)	SS (4)	Lap (10)	SS (4)	Lap (10)	SS (4)	Lap (10)	SS (4)	Laps (7)	O (7)	Laps (7)	O (7)	
6-7	Lap (10)	(4)	Lap(10)	(4)	Lap (10)	(4)	Lap (10)	(4)	Lap (10)	(4)					
7-8	Laps (14)		L (7)	M(7)	Laps (14)		L (7)	M(7)	Laps (14)						
8-8:30	Laps (14)		L(7)	M(7)	Laps (14)		L(7)	M(7)	Laps (14)						