



# Palo Alto Swim & Sport

## Rinconada Pool Schedule: Jan-May 2019

### Lap Pool

L = Lap Swim, O = Open Swim,

PASA = Palo Alto Stanford Aquatics, M = Masters

|           | MON         |          | TUE       |          | WED         |          | THU       |          | FRI         |          | SAT         |          | SUN       |       |
|-----------|-------------|----------|-----------|----------|-------------|----------|-----------|----------|-------------|----------|-------------|----------|-----------|-------|
| 5:45      | Masters (7) | Laps (7) |           |          | Masters (7) | Laps (7) |           |          | Masters (7) | Laps (7) |             |          |           |       |
| 6-7       | Masters (7) | Laps (7) | Laps (14) |          | Masters (7) | Laps (7) | Laps (14) |          | Masters (7) | Laps (7) | Laps (14)   |          |           |       |
| 7-8:30    | Masters (7) | Laps (7) | Laps (14) |          | Masters (7) | Laps (7) | Laps (14) |          | Masters (7) | Laps (7) | Laps (14)   |          | Laps (14) |       |
| 8:30-9    | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14)   |          | Laps (14) |       |
| 9:30-11   | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Masters (7) | Laps (7) | Laps (14) |       |
| 10-11     | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          |             |          | Laps (14) |       |
| 11-12     | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | PASA (14)   |          | Laps (14) |       |
| 12-1:30   | Laps (14)   | M (7)    | Laps (7)  |          | Laps (14)   |          | M (7)     | Laps (7) | Laps (14)   |          | PASA (14)   |          | Laps (7)  | O (7) |
| 1:30-2    | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | PASA (14)   |          | Laps (7)  | O (7) |
| 2:30      | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | PASA (14)   |          | Laps (7)  | O (7) |
| 2:30-3    | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | L(7)        | O(7)     | Laps (7)  | O (7) |
| 3-3:30    | Laps (14)   |          | Laps (14) |          | Laps (14)   |          | Laps (14) |          | Laps (14)   |          |             |          | Laps (7)  | O (7) |
| 3:30-4    | PASA (7)    | Laps (7) | PASA (7)  | Laps (7) | PASA (7)    | Laps (7) | PASA (7)  | Laps (7) | PASA (7)    | Laps (7) | Laps (7)    | O (7)    | Laps (7)  | O (7) |
| 4-5       | PASA (14)   |          | PASA (14) |          | PASA (14)   |          | PASA (14) |          | PASA (14)   |          | Laps (7)    | O (7)    | Laps (7)  | O (7) |
| 5-6       | PASA (14)   |          | PASA (14) |          | PASA (14)   |          | PASA (14) |          | PASA (14)   |          | Laps (7)    | O (7)    | Laps (7)  | O (7) |
| 6-7       | PASA (14)   |          | PASA (14) |          | PASA (14)   |          | PASA (14) |          | PASA (14)   |          |             |          |           |       |
| 7-7:30    | PASA (4)    |          | PASA (4)  | L (3)    | M (7)       | PASA (4) |           | PASA (4) | L (3)       | M (7)    |             |          |           |       |
| 7:30-8:30 |             |          | L(7)      | M(7)     |             |          | L(7)      | M(7)     |             |          |             |          |           |       |